

Curriculum Vitae

Orestis Giotakos, Psychiatrist (M.D., M.Sc., Ph.D.)

Contact: Imittou 112, 11634, Athens, Greece, **M:** +30 6945 464619, **T-F:** +30 210 7290496,
E-mail: info@obrela.gr, **Web:** www.obrela.gr, www.orestisgiotakos.gr, www.obrela-journal.gr



Orestis Giotakos graduated from the Military Medical School, University of Thessaloniki, Greece, and he has been working as a Military Psychiatrist since 1992. He obtained the M.Sc. in Neuroscience at the Institute of Psychiatry, London, and the Ph.D. at the Medical School of Athens. He has conducted several investigations and has written a number of articles and books in psychopathology and in prevention strategies. He is the founder of the npo “obrela – Neuroscience & Mental Health” (www.obrela.gr), the editor of the Journal “*Dialogues in Clinical Neuroscience & Mental Health*” (www.obrela-journal.gr), and the director of the project “*I care for my brain*” (www.icareformybrain.org).

Occupation

- 1985-1986: Second Lieutenant – Medical Doctor, Training in Internal Medicine, Cardiology and Surgery, 401 General Army Hospital
- 1987-1988: Lieutenant – Medical Doctor, Military Health Services, Orestiada
- 1988-1992: Captain – Medical Doctor, 4-years Training in Psychiatry, Evaggelismos Hospital, Athens
- 1992-1994: Major of - Psychiatrist, Psychiatric Department, 414 Army Hospital of Athens
- 1994-1996: Major of - Psychiatrist, , Military Health Services, Samos Island
- 1996-1997: Major of - Psychiatrist, Psychiatric Department, 414 Army Hospital of Athens
- 1997-1998: Master in Neuroscience, Institute of Psychiatry, Maudsley Hospital – London, UK
- 1998-2003: Lieutenant Colonel - Psychiatrist, Director, Psychiatric Department, 411 Army Hospital of Tripolis
- 2000-2003: Ph.D., University of Medical School, Athens, Greece
- 2003- 2009: Lieutenant Colonel - Psychiatrist, Psychiatric Department, 414 Army Hospital of Athens
- 2009 – 2016: Colonel - Psychiatrist, Director, Psychiatric Department, 414 Army Hospital of Athens
- 2006 - 2020: Psychiatrist, Scientific Director of the Mobile Health Unit of Karditsa

- 2009 – 2017 : Psychiatrist & Scientific Coordinator of the “Youth Mental Health Unit”, B’ University Clinique of A&K Kyriakou Child Hospital of Athens
- 2006 – now : Founder & Scientific Director of the NGO “obrela” (www.obrela.gr)
- 2018 - now: Editor of the open-access International Journal “*Dialogues in Clinical Neuroscience & Mental Health*” (www.obrela-journal.gr)

Papers

- Botsis A, **Giotakos O**, Lazaridis P, Petrovas G, Stefanis K,. Clozapine efficacy on suicidal behavior in two main psychiatric diagnoses. *Neuropsychopharmacology*, 1997, 7: Suppl 2.
- **Giotakos O**. Early separation anxiety as a prognostic factor for the development of Adjustment Disorder male conscripts. *Balkan Military Medical Review*, 1999, 2(2): 88-92.
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- **Giotakos O**. Atypical Antipsychotics: Do they open new perspectives in schizophrenia treatment? *Ιατρική Επιθεώρηση Ενόπλων Δυνάμεων (English Edition)*, 1999, 31-33: 37-45.
- **Giotakos O**. Progress in the human genome project. *Ιατρική (English Edition)*, 1999, 76: 256-263.
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- **Giotakos O**. Suicidal ideation, substance abuse, and sense of coherence in Greek male conscripts. *Military Medicine*, 2003, 168(6): 447-450.
- **Giotakos O**, Bourtsoukli P, Paraskevopoulou T, Spandoni P, Stasinou S, Boulougouri D, Spirakou E. Prevalence of and risk factors for HIV and hepatitis B and C, in a forensic population of rapists and child molesters. *Journal of Epidemiology and Infection*, 2003, 130(3): 497-500.
- **Giotakos O**. Markianos M, Vaidakis N, Christodoulou GN. Aggression, impulsivity, plasma sex hormones, and biogenic amine turnover in a forensic population of rapists. *Journal of Sex & Marital Therapy*, 2003, 29(3): 215-225.
- **Giotakos O**. Markianos M, Vaidakis N, Christodoulou GN. Sex Hormones and amine turnover of sex offenders, in relation to their Temperament and Character dimensions. *Psychiatry Research*, 2004, 127 (3), 185-193.
- **Giotakos O**. Vaidakis N, Markianos M, Spandoni P, Christodoulou GN. Temperament and Character dimensions of sexual offenders, in relation to their parental rearing. *J of Sex & Relationship Therapy*, 2003, 19 (2): 141-150.
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- **Giotakos O**, Markianos M, Vaidakis N. Aggression, impulsivity, and plasma sex hormone levels in a group of rapists, in relation to their history of childhood attention-deficit / hyperactivity disorder symptoms. *J of Forensic Psychiatry & Psychology*, 2005, 16(2): 423-433.
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 - **Giotakos O**. Handedness and Hobby Preference. *Perceptual and Motor Skills*, 2004, 98: 869-872.
 - **Giotakos O**. Combinaison du temps de reaction visual et de l'apprentissage circonstanciel chez les "molesteurs" d'enfants les violers, et dans un groupe de controle homes-femmes. *Rev Europ Sexol ; Sexologies*, 2005, (XIV), 54: 10-12.
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 - **Giotakos O**, Tsirogianni K, Tarnanas I. A virtual reality exposure therapy scenario for the fear of falling and balance rehabilitation training of elder hip fracture history. *Virtual Rehabilitation*, 155-158, 2007.
 - **Giotakos O**, Tsirogianni K, Tarnanas I. A virtual reality exposure therapy (VRET) scenario for the fear of falling and balance rehabilitation training of elder hip fracture history. *Virtual Rehabilitation*, 155-158, 2007.
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 - **Giotakos O**, Tsouvelas G, Kontaxakis V., Suicide rates and mental health services in Greece, *Psychiatriki*. 2012 Jan-Mar;23(1):29-38.
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 - Kontaxakis, V., Papaslanis, T., Havaki-Kontaxaki, B., Tsouvelas, G., **Giotakos, O.**, & Papadimitriou, G. Suicide in Greece: 2001-2011. *Psychiatrike*, 2013, 24(3), 170-174.
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- Tsouvelas G, Kontaxakis V, **Giotakos O**, Konstantakopoulos G, Kontaxaki MI, Papaslanis T. Financial crisis and criminality in Greece: 2008 vs 2011., *Psychiatriki.* 2016 Jan-Mar;27(1):54-7.
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- Tsouvelas G, Konstantakopoulos G, Vakirtzis A, **Giotakos O**, Papaslanis T, Kontaxakis V. Criminality in Greece during the years of financial crisis: 2008-2014. *Psychiatriki.* 2018 Jan-Mar;29(1):19-24. doi: 10.22365/jpsych.2018.291.19.
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- **Giotakos O**. Fake news: is it a social phenomenon based on neuropsychologically determined self- or other-deceptive mechanisms? Some thoughts based on insight and self-awareness' areas. *Ann Gen Psychiatry* 2018, 17 (Suppl 1):36, doi.org/10.1186/s12991-018-0206-2
- **Giotakos O**. Fake news and underlined neurocognitive mechanisms. *Dialogues in Clinical Neuroscience & Mental Health* 2018, Supplement 3, p 19, DOI: 10.26386/obrela.v1i3.75
- **Giotakos O**. Is impulsivity in part a lithium deficiency state? *Psychiatriki* 2018, 29:264–270
- Mavroudeas S, Papastamatelou J, Unger A, Tsouvelas G, Konstantakopoulos G, **Giotakos O**. (Summer) Time for murder: Is there a link between increased temperature and homicides? *Dialogues in Clinical Neuroscience & Mental Health*, 2018, Volume 1, Issue 4, p 128-137 DOI: 10.26386/obrela.v1i4.100

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- **Giotakos O.** Neurobiology of emotional trauma. *Psychiatriki* 2020, 31:162–171. DOI: 10.22365/jpsych.2020.312.162
- **Giotakos O.** Intentionality and Emotions. *Dialogues in Clinical Neuroscience & Mental Health*, 2020, Volume 3, Issue 3, p. 133-142. DOI: 10.26386/obrela.v3i3.167

Chapters - Books

- Karen Terry, Orestis **Giotakos**, Maria Tsiliakou, Alissa Ackerman. “Sexual Offenders” In «Violent Crime: Clinical and Social Implications” Ed Cristopher Ferguson, 2008, Texas A&M International University, *Sage*
- Craig LA , **Giotakos O.** Sexual Offending in Psychotic Patients. In Boer DP, Eher R, Craig LA, Miner MH, Pfafflin F.: *International perspectives on the Assessment and Treatment of Sexual Offenders: Theory, Practice and Research. Wiley-Blackwell*, UK, 2011. p 463-479.
- Tsouvelas G, Kontaxakis K, Papaaslanis Th, **Giotakos O.** Criminality and Suicide at the Onset and during the Financial Crisis in Greece . In *Disasters: Mental Health Context and Responses*, Edited by George N. Christodoulou Juan E. Mezzich Nikos G. Christodoulou and Dusica Lecic-Tosevski , 2016, Cambridge Scholars Publishing, UK, p 297- 309
- **Giotakos O.** Modern Technologies and Applications and Community Psychiatry. In *Social and Community Psychiatry*, Edited by Stylianidis S, 2016, Springer, p 331-343.
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https://www.amazon.com/gp/product/B08HD8VKHW?pf_rd_r=WNMJ9HYGCR0FJZ7KGBQA&pf_rd_p=6fc81c8c-2a38-41c6-a68a-f78c79e7253f
<https://www.obrela.gr/book/emotional-trauma-in-emotional-brain/>