

Curriculum Vitae

Orestis Giotakos, Psychiatrist (M.D., M.Sc., Ph.D.)

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Orestis Giotakos graduated from the Military Medical School, University of Thessaloniki, Greece, and he has been working as a Military Psychiatrist since 1992. In 1998, he obtained the M.Sc. in Neuroscience at the Institute of Psychiatry, University of London. In 2003 he received his doctorate at the Medical School, University of Athens. He was Director in the Psychiatric Clinic of the Army Hospital of Athens, up to 2016. Orestis Giotakos is the founder of the non-profit organization “obrela – Neuroscience & Mental Health” (www.obrela.gr). He has conducted several investigations and has written a number of articles and books on psychopathology and prevention strategies. He is also the editor of the Journal “*Dialogues in Clinical Neuroscience & Mental Health*” (www.obrela-journal.gr)

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Occupation

- 1985-1986: Second Lieutenant – Medical Doctor, Training in Internal Medicine, Cardiology and Surgery, 401 General Army Hospital
- 1987-1988: Lieutenant – Medical Doctor, Military Health Services, Orestiada
- 1988-1992: Captain – Medical Doctor, 4-years Training in Psychiatry, Evaggelismos Hospital, Athens
- 1992-1994: Major of - Psychiatrist, Psychiatric Department, 414 Army Hospital of Athens
- 1994-1996: Major of - Psychiatrist, , Military Health Services, Samos Island
- 1996-1997: Major of - Psychiatrist, Psychiatric Department, 414 Army Hospital of Athens
- 1997-1998: Master in Neuroscience, Institute of Psychiatry, Maudsley Hospital – London, UK
- 1998-2003: Lieutenant Colonel - Psychiatrist, Director, Psychiatric Department, 411 Army Hospital of Tripolis
- 2000-2003: Ph.D., University of Medical School, Athens, Greece
- 2003- 2009: Lieutenant Colonel - Psychiatrist, Psychiatric Department, 414 Army Hospital of Athens

- 2009 – 2016: Colonel - Psychiatrist, Director, Psychiatric Department, 414 Army Hospital of Athens
- 2006 - now: Psychiatrist, Scientific Director of the Mobile Health Unit of Karditsa
- 2009 – 2017 : Psychiatrist & Scientific Coordinator of the “Youth Mental Health Unit”, B’ University Clinique of A&K Kyriakou Child Hospital of Athens
- 2006 – now : Founder & Scientific Director of the NGO “obrela” (www.obrela.gr)
- 2018: Editor of the open-access International Journal “*Dialogues in Clinical Neuroscience & Mental Health* (www.obrela-journal.gr)

Papers

- Botsis A, **Giotakos O**, Lazaridis P, Petrovas G, Stefanis K,. Clozapine efficacy on suicidal behavior in two main psychiatric diagnoses. *Neuropsychopharmacology*, 1997, 7: Suppl 2.
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- **Giotakos O**. Progress in the human genome project. *Ιατρική (English Edition)*, 1999, 76: 256-263.
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- **Giotakos O**. Crossed hand-eye dominance in male psychiatric patients. *Perceptual and Motor Skills*, 2002, 95: 728-732.
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- **Giotakos O**, Bourtsoukli P, Paraskevopoulou T, Spandoni P, Stasinou S, Boulougouri D, Spirakou E. Prevalence of and risk factors for HIV and hepatitis B and C, in a forensic population of rapists and child molesters. *Journal of Epidemiology and Infection*, 2003, 130(3): 497-500.

- **Giotakos O.** Markianos M, Vaidakis N, Christodoulou GN. Aggression, impulsivity, plasma sex hormones, and biogenic amine turnover in a forensic population of rapists. *Journal of Sex & Marital Therapy*, 2003, 29(3): 215-225.
- **Giotakos O.** Markianos M, Vaidakis N, Christodoulou GN. Sex Hormones and amine turnover of sex offenders, in relation to their Temperament and Character dimensions. *Psychiatry Research*, 2004, 127 (3), 185-193.
- **Giotakos O.** Vaidakis N, Markianos M, Spandoni P, Christodoulou GN. Temperament and Character dimensions of sexual offenders, in relation to their parental rearing. *J of Sex & Relationship Therapy*, 2003, 19 (2): 141-150.
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- **Giotakos O.** Handedness and Hobby Preference. *Perceptual and Motor Skills*, 2004, 98: 869-872.
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- Papastamatelou J, Unger A, **Giotakos O**, Athanasiadou F. Is Time Perspective a Predictor of Anxiety and Perceived Stress? Some Preliminary Results from Greece, *Journal of Psychological Studies*, 2015, 1-10
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- **Giotakos O.** Is impulsivity in part a lithium deficiency state? *Psychiatriki* 2018, 29:264–270

Chapters

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- Craig LA , **Giotakos O.** Sexual Offending in Psychotic Patients. In Boer DP, Eher R, Craig LA, Miner MH, Pfafflin F.: International perspectives on the Assessment and Treatment of Sexual Offenders: Theory, Practice and Research. *Wiley-Blackwell*, UK, 2011. p 463-479.
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- **Giotakos O.** Modern Technologies and Applications and Community Psychiatry. In *Social and Community Psychiatry*, Edited by Stylianidis S, 2016, Springer, p 331-343.